



# Junior Curling Operating Guidelines

Junior Curling Committee  
CARIBOU CURLING CLUB, STEPHENVILLE, NEWFOUNDLAND  
2016

## Overview

The Junior Curling Program of the Caribou Curling Club (CCC) of Stephenville Newfoundland operates two youth curling programs: Juniors and Little Rockers Curling. Juniors are designed for youth between the ages 12 and 18 years, while the Little Rockers program is designed for ages 6-11. The program is overseen by the Junior Curling Committee which is comprised of the Junior Curling Coordinator, curling club members, and parent and guardian volunteers.

## Junior Curling Committee

The CCC Junior Curling Program is managed by the Junior Curling Committee under the authority of the CCC executive. The committee is comprised of the Junior Curling Coordinator, Lead Instructor/Coach, Secretary, Treasurer and Parent representative. Individuals on the committee may serve dual roles.

The Junior Curling Coordinator will also be the representative and liaison to the CCC executive and sit on the executive as a Director responsible for Junior Curling.

## Junior Curling

- Ages 12-18 (Grades 6-12). Children under the age of 12 may be permitted to participate if they have comparable skills and maturity.
- 30- 1 hour sessions
- Program includes Christmas Party, Year End Banquet, and Family Bonspiel
- Junior Curling bonspiels may also be available during the curling season.

## Little Rockers

- Ages 6-11 years (Grades K- 5). Children under the age of 6 may be permitted to participate with an accompanying parent on the ice during each session. Youth over the age of 11 who may want to learn curling basics are welcome to attend the little rockers sessions.
- Fifteen 1 hour sessions
- Program includes Christmas Party, Year-end Banquet and Family Bonspiel
- Junior Curling bonspiels may also be available during the curling season.

## Equipment

- Equipment including sliders and brooms is provided as part of the program at no extra cost.
- Curling shoes can also be rented from Junior Curling at a cost of \$30 for the season.
- Each child should come prepared with clean running shoes, hats, mittens/gloves and should wear loose fitting comfortable clothes in layers, suitable for movement activities.
- Blue jeans are not recommended.

## Safety

The safety of each child is our first priority. Helmets, a padded hat or padded headband are recommended for all ages and strongly recommended for kids 6-10 years old. All participants are expected to abide by these rules:

- Avoid horseplay and do not run in the Curling Club area
- Follow all instructions given by supervisors

Failure of any youth member to adhere to the rules, may result in termination from the Junior Curling program.

## Cancellation Policy

In the event schools are cancelled due to weather conditions the Junior and Little Rockers curling program for that day will be cancelled. In-service days will be treated as regular curling days unless otherwise notified.

Programs may be cancelled to allow for any function of the Caribou Curling Club. Notification will be given in as much advance notice as possible for club functions.

## Communication

Communication with parents will be done through email, so this information must be provided by the parents. Dual custody homes need to provide the email address for both homes so communication can be made with each parent. Email addresses will only be used for Junior/Little Rock curling notifications.

## Registration Fees

The Juniors and Little Rockers programs registration fees are to be reviewed and set before the start of the each curling season. Fees for 2016-2017 curling season shall be as follows:

	1 <sup>st</sup> Child	2 <sup>nd</sup> Child	3 <sup>rd</sup> Child
Full Year Registration	\$80.00	\$70.00	\$50.00
Fall Registration	\$30.00	\$25.00	\$20.00
Winter Registration	\$50.0	\$45.00	\$30.00

One half of the registration fees collected for Junior Curling will be paid to the CCC for Junior Curling membership registration for the Junior members. The remaining funds will be held in a Junior Curling account to be used for the purchase of training aids, Junior Curling events/activities or support for Junior members and coaches who have to travel for competition.

## Registration and Attendance Policy

Junior and Little Rocker curlers registered in the previous year's program will be given first opportunity to pre-register for the new curling season. This pre-registration is important as we have limited space in each program. Pre-registration will be completed by October 15<sup>th</sup> of each year. Upon completion of the pre-registration, a registration will be held for new curling members during the last two weeks of October of each year. New members can only be accepted if there is space available. An exception occurs when the attendance of a curler in the previous year's program was below 60%. That curler will not receive a pre-registration form and can only return to the program via a new member registration.

## Registration Assistance

In an effort to remove financial barriers to the sport of curling for youth who wish to participate, external funding may be available through a variety of programs such as:

### Canadian Tire JumpStart

Canadian Tire Jumpstart Charities is a registered charity (#1379 29 451 RR0002) dedicated to removing financial barriers so kids across Canada have the opportunity to get off the sidelines and get into the game.

Jumpstart's core purpose is to enrich the lives of kids (from 4 to 18) in need through sports and physical activity. Jumpstart assists with the costs associated with registration, equipment and/or transportation.

Funding can be requested for more than one child in a family as long as the children are between the ages of 4 – 18 and the total family unit income (before tax) falls within [LICO guidelines](#).

For more information: <http://jumpstart.canadiantire.ca/en/>

### **KidSport Newfoundland and Labrador**

KidSport provides youth age 18 and under the opportunity to participate in sports programming by removing some of the financial barriers. The KidSport grant will cover registration fees and sports equipment for any recognized sport activity of Sport Newfoundland and Labrador. Priority will be given to those sport activities that demonstrate a season of sport. An athlete can received up to a maximum of \$300.00 in one calendar year.

For more information: <http://www.kidsportcanada.ca/newfoundland-and-labrador/apply-for-assistance/>

### **Junior/Little Rock – Code of Conduct and Ethics**

All Junior and Little Rock curlers are to abide by the code of conduct and ethics adapted by the Newfoundland and Labrador Curling Association (NLCA). The complete Code of Conduct and Ethics from the NLCA can be found on their website: [http://curlingnl.ca/wp-content/uploads/2013/10/NLCA-CODE-of-CONDUCT-and-ETHICS-Final.docx2\\_.pdf](http://curlingnl.ca/wp-content/uploads/2013/10/NLCA-CODE-of-CONDUCT-and-ETHICS-Final.docx2_.pdf)

### **Coaches and Volunteers – Code of Conduct and Ethics**

All coaches and volunteers are to abide by the code of conduct and ethics adapted by the Newfoundland and Labrador Curling Association (NLCA). The complete Code of Conduct and Ethics from the NLCA can be found on their website: [http://curlingnl.ca/wp-content/uploads/2013/10/NLCA-CODE-of-CONDUCT-and-ETHICS-Final.docx2\\_.pdf](http://curlingnl.ca/wp-content/uploads/2013/10/NLCA-CODE-of-CONDUCT-and-ETHICS-Final.docx2_.pdf)

### **Code of Conduct and Vulnerable Sector Check**

As a youth organization, the law requires us to do everything within our power to protect all individuals who participate in our organization. All Coaches, Instructors, chaperones and program volunteers are require to have a Code of Conduct Check as well as Vulnerable Sector Check completed.

The Junior Curling Club committee will provide you with a form/letter you can take to the local police station and courthouse, indicating that you are a volunteer which should eliminate any cost. These checks should be renewed every two (2) years.

The "Police Check" is completed by your local police detachment. You will have to pick up and complete the appropriate forms from your local police detachments. The Junior Curling Club executive will provide you with a form/letter you can take to the local police station, indicating that you are a volunteer which should eliminate any cost. Once you have completed the required forms, you can submit them, with a copy of the volunteer letter provided by the club to your local police detachment.

When the police check is complete, they will mail the results to:

Sherri McNeil,  
C/O Caribou Curling Junior Curling Coordinator  
Caribou Curling Club  
375 Massachusetts Drive, P.O.Box 193  
Stephenville, Newfoundland, A2N 2Y9

If you will be accompanying junior teams to any play downs and/or championships, you will also need to send a copy of your "Police Check" to the NLCA:

NLCA  
54 Brosnan St  
Corner Brook, NL  
A2H 6W9

See details at the NLCA website: <http://curlingnl.ca/wp-content/uploads/2015/11/Screening-Process-for-Junior-Coaches.pdf>

## Junior Curling – Competition (U16, U18 and U21)

Competitive curling at the junior level has several categories:

**Under 21:** Must be 20 years of age or younger as of June 30th of the year prior to the Canadian Championship.

**Under 16 and Under 18:** Must be 15 and 17 years of age, respectively, or younger as of December 31st of the current curling year.

Junior curlers and their coaches who participate in competitive curling at the regional, provincial, national or international level are required to familiarize themselves with and abide by the Rules of Competition as dictated by the NLCA and Curling Canada.

To compete in Under 16 or Under 18:

- Teams must have four registered players from affiliated club or clubs. This is an “Open” competition and players are not required to come from same club;
- All teams must ensure that all their players are eligible based on age as set out by the Curl Atlantic Rules;
- A curler participating in the Under 16 cannot play in the Under 18 in the same year;
- Club registration and team registration must be paid by specified deadline date;
- The maximum age is 15 and 17, respectively, by December 31st of the current curling year;
- Only two players from a current provincial winning team can participate on same team in the Under 16 or Under 18;
- A fifth player can be used but will not be recognized after the provincial;
- Teams must have a coach as outlined under the rules for Under 21 competition with the exception that for the Under 16 and Under 18 competition, coaches need only obtain Club Coach level and be over twenty one years of age;
- No curler will be allowed to consume alcohol or smoke or use restricted drugs during the competition. Discipline can include immediate suspension from tournament and may also carry for a one year suspension the following year in any and all NLCA events;
- No coach will be allowed to drink or smoke or use restricted drugs at the club. Discipline can be immediate suspension and the team may suffer defaults with no Coach;

- Coaches must set good examples for the team players; and,
- Coaches are responsible for their team and their team's conduct at all times.

The complete document of rules including eligibility requirements and rules of competition can be found on the NLCA website at:

<http://curlingnl.ca/wp-content/uploads/2015/10/2015-16-NLCA-Official-Rules-of-Competition.pdf>

A copy of the competition form required for participation in complete Junior Curling events can also be found the NLCA website:

<http://curlingnl.ca/wp-content/uploads/2015/09/2015-16-Junior-Competition-Form.pdf>



## Post-Secondary Curling Scholarships

The Newfoundland and Labrador Curling Association awards two \$250.00 scholarships annually:

- 1 for a male recipient and
- 1 for a female recipient. Eligibility.....

Any active junior curler registered for a post-secondary education may apply.

- Applicants must be affiliated with the NLCA in year of application.
- Previous recipients are ineligible.
- Minimum academic average of 70% to qualify. Deadline .....

Deadline for application is October 15th of the current scholarship year. Applications must be in the possession of the NLCA President by this deadline. No late submissions will be accepted.

- Documents required:
- Official NLCA Scholarship application form.
- Letter of recommendation.
- Official transcript of High School marks.
- Letter outlining community involvement. This may include activity at school, in the community, at your curling club etc.
- Curling achievements to date.

Prior to payment of scholarship, proof of payment and enrollment in a recognized educational institution.

Selection Criteria.....

1. – Academic achievement.
2. – School and Community involvement.
3. – Curling achievements, development and contributions.

Additional information and application form can be found on the Newfoundland and Labrador Curling Association website: [http://curlingnl.ca/wp-content/uploads/2013/10/046\\_NLCA-Scholarship-information-and-application-20101.pdf](http://curlingnl.ca/wp-content/uploads/2013/10/046_NLCA-Scholarship-information-and-application-20101.pdf)

[Special Events](#)

## Appendix A



### Caribou Curling Club Junior & Little Rockers Curling Program

To: RCMP/RNC Department

From: Sherri McNeil, Junior Curling Coordinator

**Re: Police Record Check and Vulnerable Sector Check**

The following individual is a volunteer supervisor/coach/instructor in the Junior and/or Little Rockers curling program at the Caribou Curling Club in Stephenville, Newfoundland. He/she will be in a position of trust with youth and/or young (vulnerable) persons. The Newfoundland and Labrador Curling Associations policy require that all coaches at any NLCA junior sanctioned event obtain a Police Records Check and Vulnerable Sector Check prior to coaching at NLCA events.

As a volunteer for a not-for-profit organization, we are requesting that you complete a Police Record Check and Vulnerable Sector Check for the person listed below. We are asking at this time that you waive any applicable fee as this person will be coaching/supervising as a volunteer in our junior curling program.

Thanking you in advance for your assistance.

Sincerely,

  
Sherri McNeil,  
Junior Curling Coordinator, Caribou Curling Club Junior & Little Rockers Curling Program  
Phone: 709-643-4498

E-mail: mcneil.sherri@gmail.com

Please complete this form and bring it to the RNC/RCMP Detachment along with your birth Certificate and/or a valid driver's license.

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I hereby authorize the RNC/RCMP Detachment conducting the Police Records Check and Vulnerable Sector Check to forward the results, under "Confidential Cover" directly to the: Sherri McNeil

C/O Caribou Curling Club  
375 Massachusetts Drive, P.O.Box 193  
Stephenville, Newfoundland, A2N 2Y9

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date this application was applied for: \_\_\_\_\_

*Adapted from NLCA website: <http://curlingnl.ca/wp-content/uploads/2015/11/Screening-Process-for-Junior-Coaches.pdf>*